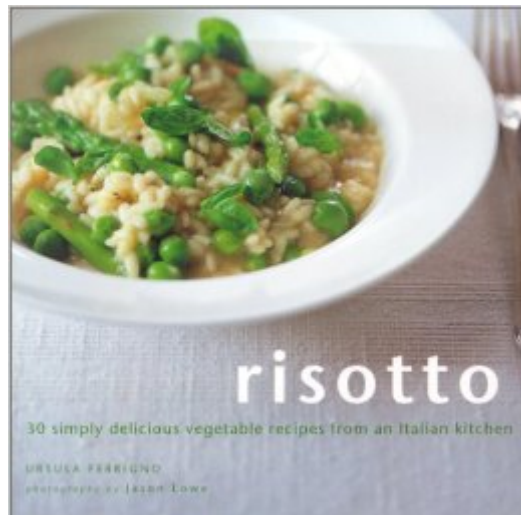


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Risotto: 30 Simply Delicious Vegetarian Recipes From An Italian Kitchen



Synopsis

Risotto, Italy's most famous rice dish, is enjoyed the world over. It's utterly delicious and nutritious, versatile and economical ; and can be prepared in only 20 minutes. 30 authentic risotto recipes ; inspired by the regional cooking of Italy ; in three simple chapters: Cheese, Beans and Vegetables.

Book Information

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Customer Reviews

I bought this book years ago and use it each time I make risotto. I have since worked out my own variations from Ferrigno's recipes. She does call for a homemade veggie stock, but I use veggie bouillion and it works fine. Must try recipes: Fontina/Walnut Risotto, Milanese (Saffron) Risotto, Artichoke Risotto and the Fennel Risotto.

This is a great book for someone wanting to try Italian cooking. I had never cooked risotto before, and now it's a regular part of meals at our house. The recipes are very easy to make, provided that you use ready-made vegetable stock. However, the recipe for home-made is also given. Photos are illustrative and the food is delicious. Great book!

I've had this cookbook for probably 8 or 9 years, when I first got it I hadn't made much risotto before. This book made me great at making risotto! I cooked my way through probably 70% of the recipes. I'm not vegetarian, but I love vegetarian food and I found each dish I made out of this book really delicious. I often cooked these recipes for friends and they were always a big hit. The flavor

combinations in the recipes are just really delightful. Some are more simple, such as 4-cheese, tomato, or pumpkin. Others I found really interesting like mushroom, cognac and cream, or fontina and walnuts, and of course saffron (Risotto alla Milanese - the traditional dish from Milan). This is just a really nice basics book on making a good risotto, and might give you inspiration to invent your own risotto recipes. Although this book seems to be out of print, I think it's worth getting if you can find it. I still enjoy having it in my cookbook collection.

With this cookbook even an engineer can make great risotto.

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